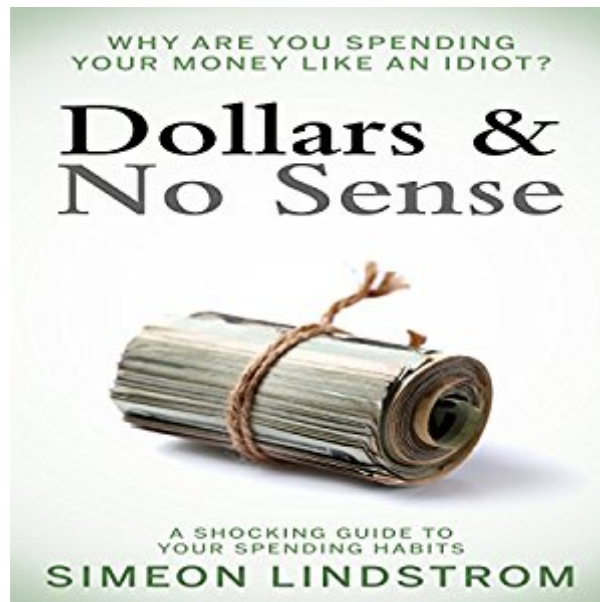


The book was found

# Dollars & No Sense: Why Are You Spending Your Money Like An Idiot?



## Synopsis

In this book, we'll be tackling the familiar challenges of personal finance management, but in an unfamiliar way. If your main money problem is simply "I don't have enough of it!" you may be surprised at the approach this book will take. Here, you will not find the same old tips and tricks on how to save money by re-using teabags or buying rice in bulk. Instead, we'll get to the very heart of what money actually means, how we spend it and why, and what you can do to start using what you have right now to create a lifestyle that has meaning for you. We'll consider the root causes of careless spending, as well as the three biggest but largely invisible money myths we all believe in to some extent. We'll then consider ways to start creating a budget that works for you and your goals, rather than against it. The way you think about money is highly personal - your attitude to money is a reflection of your upbringing, your culture, and your personality with all its virtues and shortcomings. Money can be a literal prison, tying you down to work and habits that drain you of motivation and purpose. It can also be a bridge that carries you to your life goals, a tool and a resource that allows you to access the things you truly value in life. The role that money ultimately plays in your life is entirely up to you. It rests in having the self-awareness to be honest about the choices we make every day, in the bravery to know what we value and hold dear, and the dedication to make rational strategies to reach those goals. My hope with this book is that it'll give you a starting point to begin to reconsider your relationship to money and, by extension, your relationship to yourself and the world you live in. My hope is that you'll find something that inspires you to think differently and make different choices, ones that will leave you feeling more in control and more fulfilled than before. We each only have one life - here's to spending it wisely!

## Book Information

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## Customer Reviews

This book has a very long title: Dollars & No Sense: Why Are You Spending Your Money Like An Idiot? (Budgeting, Budgeting for Beginners, How to Save Money, Money Management, Personal Finance, Minimalist Living Book 1) Kindle Edition. It takes on a gargantuan task: asking you to re-evaluate money as it pertains to your life personally, culturally, and literally. It asks you to think differently so that you may set yourself free of a burden that vexes many. As Lindstrom says, "We each only have one life — here — to spend it wisely!"

I really liked this! It was a quick read; emotional education into what money means to me, and why I spend it. Finding the source behind the "why" helps to decide courses of action to take that are purposeful. Great resource!

Lots of food for thought in this clear concise book. It provides insight to your relationship with money and clear strategies to managing your finances. I learned a lot and the free download was a start to saving. Well done!

The title grabbed me from the beginning. I always need to watch my spending and many of these suggestions seem logical for me. I'm recommending to my sister who needs it more than me! Highly recommend!

Dollars & No Sense: Why Are You Spending Your Money Like An Idiot? (Budgeting, Budgeting for Beginners, How to Save Money, Money Management, Personal Finance, Minimalist Living Book 1) Kindle Edition Super ideas and great read. Money, budgeting and giving life some thought. Written in a way that is enticing rather than dull facts. Common sense abundant in this short-packed read.

I am normally very good when it comes to budgeting and making money go as far as possible but even I had to admit, when I found myself this month in the red (for the first time in a long while!) that I had a lot to learn from Simeon's tips and advice. If you want to get your affairs in order this book is worth reading!

Helpful information on a topic we know too little about even though we have to make decisions

about money! Should be basic reading for anyone trying to understand their money, where it goes, why they spend it the way they do, and where they really want it to go! Five stars!

Well written and easy to use. "Dollars & No Sense: Why Are You Spending Your Money Like An Idiot? (Budgeting, Budgeting for Beginners, How to Save Money, Money Management, Personal Finance, Minimalist Living Book 1)" by Simeon Lindstrom, does what its long and accurate title says. Recommended. Five stars.

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